

WOMEN'S HEALTH Midlife and Menopause

Free Information Night

Thursday 21st September 2017

7:00pm till 8:30pm

At Brooke Street Medical Centre

Presented by

Dr Peter Ferguson

Dr Ann-Marie McKinnon

Dietitian Annie Barry

Exercise Physiologist Gemma Bird

Psychologist Bianca Reisman

Monash Medical Students

Covering topics including

Sexual Issues Breast Health

Hormone Replacement Therapy

Misconceptions Mood

Midlife Exercise Healthy Eating



To reserve a free place contact us on 5427 1002 or email: cmeade@bsmc.net.au

Presenters will answer any questions you may wish to have addressed.

Light snacks and refreshments will be provided.